

CHAPTER 100

Plasmapheresis in Acute Intoxication and Poisoning

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OBJECTIVES

This chapter will:

1. Review the possible mechanisms of action of plasmapheresis in poisoning and drug overdose.
2. Describe the pharmacokinetic factors that affect the elimination of poisons and drugs by plasmapheresis.
3. Explain the limitations of published studies on the efficacy of plasmapheresis in poisoning and drug overdose.
4. Review published data on the efficacy of plasmapheresis for specific poisons/drugs.

Plasmapheresis is widely accepted as a therapeutic modality for a number of immunologic, metabolic, and inherited diseases.¹ Plasmapheresis is also useful as an extracorporeal blood purification technique in the treatment of various intoxications and poisonings. The basic premise of plasmapheresis use in poisoning and drug overdose is that removal of the circulating toxin/drug will reduce toxic-induced damage and minimize related complications. Plasmapheresis can clear albumin-poison complexes, which is not feasible with other extracorporeal therapies other than liver support devices. Although the clearance attainable by plasma exchange is relatively low, it may be the only practical option for some poisons that are highly (>90%) bound to proteins.

MECHANISMS OF ACTION

The therapeutic benefit of plasmapheresis in acute poisoning and drug overdose is based on the rapid removal of drugs or toxins that cannot be eliminated adequately by usual therapeutic interventions. Plasmapheresis can remove rapidly toxins of all sizes, including protein- and lipid-bound toxins with a low volume of distribution.² As for any extracorporeal technique, plasmapheresis only removes substances located in the vascular compartment. As the volume of distribution increases, the usefulness of any extracorporeal treatments (ECTR) decreases substantially.³ The tissue stores of a poison will remain unaffected except for reequilibration with decreasing plasma concentrations. Other possible benefits of plasmapheresis in the treatment of poisoning and drug overdose are the effects on toxins-induced complications such as hemolysis or thrombotic thrombocytopenic purpura.² For instance, in cases of drug-induced hemolysis, plasmapheresis has the potential for removing red blood cell destruction products and hemoglobin.^{4,5} In addition, infusion of normal plasma may have beneficial effects, independent of removal of toxic circulating compounds. For example, plasmapheresis with autologous plasma as replacement fluid provides an

opportunity to administer active cholinesterase in organophosphate poisonings.⁶

TECHNICAL OVERVIEW

Plasmapheresis involves withdrawal of venous blood, separation of plasma from blood cells, and reinfusion of cells with autologous plasma or another replacement solution. Plasma and blood cells are separated by centrifugation or membrane filtration. Usually, the equivalent of 1 to 1.5 plasma volumes (or 2.5 to 4.0 L) is removed during a session. To maintain plasma volume, the removed plasma is replenished with an equal amount of replacement fluids. The typical replacement fluids are fresh-frozen plasma, 5% albumin or other plasma derivatives (e.g., cryosupernatant), and crystalloids (e.g., 0.9% saline, Ringer's lactate). The choice of fluid affects oncotic pressure, coagulation, efficacy of the procedure, and potential side effects. Albumin usually is preferred to plasma because of the risk of hypersensitivity reactions and transmission of viral infections with the latter. For some indications for which infusion of normal plasma may be beneficial (e.g., organophosphate poisoning), fresh frozen plasma is the preferred replacement solution. With poisons tightly bound to albumin, removal by plasmapheresis without replacement of albumin theoretically could increase its free fraction and may cause a transient resurgence of clinical toxicity. Similarly, in drugs that are highly bound to alpha-1-acid glycoprotein, such as quinidine, the combination of 5% albumin and fresh frozen plasma could be considered, although alpha-1-acid glycoprotein has a low binding capacity⁷ and there are no studies to confirm the clinical efficacy of this approach.

COMPARISONS WITH OTHER EXTRACORPOREAL DETOXIFICATION METHODS

There are some advantages of plasmapheresis over other extracorporeal detoxification methods, such as hemodialysis and hemoperfusion. The removal of toxins by plasmapheresis is not dependent on the size of the molecule as is the case for hemodialysis.² Plasmapheresis can remove a number of substances that are not removed effectively by either hemodialysis or hemoperfusion (e.g., protein-bound compounds),² because it can clear albumin-poison complexes. Plasmapheresis also can remove active metabolites as well as unchanged drugs.⁴ Liver support devices have similar clearance properties as plasmapheresis⁸; however, it is not as frequently available and more expensive than plasmapheresis. Intoxications with substances with lower percentages of protein binding are best treated with hemodialysis (e.g.,

BOX 100.1**Poison/Drug Characteristics Favoring the Use of Plasmapheresis****Pharmacologic**

Endogenous clearance < 4 L/kg/min (for any extracorporeal therapy)
 Low volume of distribution < 2 L/kg
 Molecular weight \geq 50,000 up to 1,300,000 Da^a
 High protein binding, e.g., \geq 95%^a

Clinical

Expected toxicity of unchanged poison/drug
 Expected toxicity of metabolites
 Severity of symptoms and complications
 Availability of specific antidote or standard therapy (e.g., forced diuresis)
 Time interval from exposure
 Related complications (e.g., hemolysis)
 Potential to shorten length of stay

^aIn comparison, hemodialysis and hemoperfusion are more efficient for smaller substances with lower percentages of protein binding. Modified from Ghannoum M, Roberts DM, Hoffman RS, Ouellet G, Roy L, Decker BS, et al. A stepwise approach for the management of poisoning with extracorporeal treatments. *Semin Dialysis*. 2014;27(4):362–370.

methanol, ethylene glycol) because the clearance attainable by hemodialysis is clearly superior.⁸ In addition, certain drugs that induce metabolic complications in poisoned patients are treated more appropriately with hemodialysis, which also corrects acid-base and electrolyte abnormalities associated with these poisons (e.g., aspirin).⁴ Therefore the choice of the extracorporeal detoxification modality clearly depends on the characteristics of the drugs or toxins implicated. **Box 100.1** shows the characteristics of poisons/drugs that must be considered in the choice of the detoxification method, with specific indications for plasmapheresis.

PHARMACOKINETIC CONSIDERATIONS

As for any extracorporeal therapy used in poisoning, plasmapheresis should be considered only for drugs or toxins that have a prolonged half-life. For substances that are metabolized rapidly (i.e., have a high endogenous clearance), plasmapheresis is unlikely to accelerate the removal rate significantly (see **Box 100.1**).^{9,10} Furthermore, the additional clearance provided by plasmapheresis may be insufficient to induce clinical benefit.

The elimination of drugs or toxins by plasmapheresis is governed by several factors. The extracorporeal elimination efficiency of plasmapheresis for a given substance depends on the volume of distribution, protein binding, intercompartment equilibration, and exchange plasma volume.^{8,11} In addition, the time interval between ingestion and plasmapheresis initiation seems to be a crucial factor affecting its elimination.¹² The ideal drug for removal by plasmapheresis is one that is highly protein bound, without restriction to molecular weight (MW), and a small volume of distribution. A large proportion of poisons have a MW in the 100 to 1000 Da range and are removable by other extracorporeal therapies.⁸ Some advocate that plasmapheresis is useful only when the plasma protein binding is greater than 80% to 95%⁸ and the volume of distribution is lower than 0.2 L/kg body weight.¹¹ Examples include rituximab (MW = 145,000)¹³ and immunoglobulins

such as IgM (MW = 925,000).¹⁴ Other examples include cisplatin,^{15,16} vincristine,¹⁷ and L-thyroxine.¹⁸ Liver support devices are available in some centers around the world and share similar clearance capacities (e.g., high level of protein binding) compared with plasmapheresis.⁸ The molecular adsorbent recirculating system (MARS) and single-pass albumin dialysis (SPAD) can clear molecules up to 60,000 Da,^{19,20} whereas the Prometheus system has a cutoff of approximately 200,000 Da.^{21–23} However, evidence supporting the efficacy of albumin dialysis in removing highly protein-bound poisons is even more limited.^{24,25}

LIMITATIONS OF PUBLISHED REPORTS

Several limitations complicate the interpretation of published reports that evaluated the efficacy of plasmapheresis in acute intoxication and poisoning. First, no randomized controlled trial has been carried out to determine the range of indications, potential benefits, and cost effectiveness of plasmapheresis in acute intoxication and poisoning. Most reports evaluating plasmapheresis efficacy are case reports or case series. Second, in most studies, patients were treated concurrently with hemodialysis and/or specific antidotes, rendering it difficult to evaluate the effect of plasmapheresis. Third, the majority of published studies failed to report important pharmacokinetic data to evaluate the efficacy of plasmapheresis to eliminate the drugs or toxins. For instance, most reports failed to report the total amount of the drug or toxin in the discarded plasma and the procedure's contribution to total drug clearance. The amount of drug removed in the discarded plasma is the best parameter evaluating drug removal, because plasma concentrations can be misleading.¹² Therefore treatment recommendations on the use of plasmapheresis in acute poisoning and drug overdose are limited.

EFFICACY OF PLASMAPHERESIS IN SPECIFIC INTOXICATIONS

The treatment of poisoning with plasmapheresis has been reported for a number of agents (**Table 100.1**).

Amanita phalloides

Amanita phalloides (the death cap mushroom) contains the most deadly toxin (the amanita toxin) of all poisonous mushrooms. Reported mortality after ingestion of *Amanita phalloides* ranges from 25% to 50%.²⁶ The lethal dose of amanita toxin is 0.1 mg/kg body weight and therefore severe poisoning can occur with as little as 5 to 7 mg of amanita toxin, an amount that can be present in a single mushroom.²⁶ The amanita toxin is eliminated by the kidneys and usually is undetectable in the plasma 48 hours after ingestion. Therefore rapid therapeutic intervention is required to avoid serious complications. Some case series reported improved survival when compared with historical survival rate.²⁷ In contrast, other studies have raised doubts on the efficacy of plasmapheresis in the treatment of *Amanita phalloides* poisoning. Piqueras et al. found that forced diuresis eliminated between 20,000 and 350,000 ng of toxin, whereas plasmapheresis never eliminated more than 10,000 ng.²⁸ In addition, some studies using supportive

TABLE 100.1

Plasmapheresis and Poisoning

SPECIFIC POISONS	POSSIBLE BENEFIT ^a	NO OR LITTLE BENEFIT	REFERENCES
Amanita	X		31–33
2,4-dichlorophenoxyacetic acid		X	39
Ethylene dibromide	X		56
Heavy Metals			
Aluminum		X	40
Arsenic		X	41
Chromium		X	41,42
Gold		X	43
Mercury		X	44,45
Silver		X	46,47
Thallium		X	48
Vanadium		X	49
Organophosphates	X		6,53,54
Paraquat		X	55
Sodium chlorate		X	37,38

^aPossible benefit in selected cases.

measures without plasmapheresis found survival rates identical to those reported by using plasmapheresis.^{29,30} In conclusion, plasmapheresis has not been shown to improve survival nor to provide pharmacokinetic evidence of benefit. Therefore there is no clear evidence to support its use^{31–33} despite a category II indication for plasmapheresis by the American Society for Apheresis (ASFA) guidelines.³⁴

2,4-Dichlorophenoxyacetic Acid and Sodium Chlorate

The use of plasmapheresis has been reported in poisoning with 2,4-dichlorophenoxyacetic acid³⁵ and sodium chlorate,³⁶ toxic components included in herbicides. However, these substances are dialyzable because neither is highly protein bound. The beneficial effect of plasmapheresis is thought to be due to removal of red blood cell destruction products and hemoglobin, because these agents cause severe hemolysis.⁴ Therefore plasmapheresis is not intended to clear the toxic compound, but it may be useful in removing free hemoglobin and blood cell debris from the circulation.⁴ Most recent reports or recommendations mention the use of hemodialysis for 2,4-dichlorophenoxyacetic acid or sodium chlorate poisoning but do not include any recommendation on plasmapheresis.^{37–39}

Heavy Metals

Plasmapheresis has been attempted in cases of heavy metal intoxications. Removal of aluminum by plasmapheresis has been reported to be disappointing with approximately 1% of total body aluminum removed.⁴⁰ Removal of other heavy metals by plasmapheresis has been attempted for arsenic,⁴¹ chromium,^{41,42} gold,⁴³ mercury,^{44,45} silver,^{46,47} thallium,⁴⁸ and vanadium.⁴⁹ Although some heavy metal removal is possible with plasmapheresis, the evidence is anecdotal for the most part.

Organophosphates

Organophosphates are among the most commonly used insecticides in the world. Organophosphates cause a specific

and irreversible inhibition of acetylcholinesterase. Treatment of organophosphate poisoning consists of atropine and pralidoxime.⁵⁰ Plasmapheresis has been attempted in cases of organophosphate poisonings such as parathion⁵¹ and dimethoate.⁵² Plasmapheresis with fresh frozen plasma as replacement fluid has been reported successful in a case unresponsive to atropine and pralidoxime, whose cholinesterase levels were declining despite antidotal therapy.⁶ Fresh frozen plasma contains active cholinesterase and may be used to augment plasma cholinesterase levels.⁶ Therefore plasmapheresis with autologous plasma as replacement fluid may be beneficial by rapidly increasing cholinesterase levels. Plasmapheresis may allow the rapid administration of fresh frozen plasma without the risk of volume overload. In a recent Chinese meta-analysis including 433 patients, mortality rate was lower with plasmapheresis than without (RR = 0.30, 95% CI [0.19–0.49], $p < .01$).⁵³ In addition to plasma administration, atropine and pralidoxime may be beneficial in organophosphate poisoning.⁵⁴

Paraquat

Paraquat is a toxic herbicide that impairs renal function. This compound is not significantly protein bound and has a short half-life. Its persistence in the circulation may be prolonged because elimination depends on renal function.⁴ The total removal by plasmapheresis has been reported as nonsignificant in the context of endogenous metabolic clearance.⁵⁵

Ethylene Dibromide

Ethylene dibromide (EDB) is a highly protein bound pesticide widely used in India. Plasmapheresis has been used to treat 47 patients as early as possible after exposure to remove the pesticide before it metabolizes into toxic products causing liver and kidney damage.⁵⁶ In this study, those who underwent plasmapheresis within 24 hours of ingestion had a significantly higher survival rate compared with those who were treated after 24 hours of ingestion.⁵⁶ However, there were no clearance nor toxin reduction ratios reported in this study.

TABLE 100.2

Plasmapheresis and Drug Overdose

SPECIFIC DRUGS ^a	POSSIBLE BENEFIT ^b	NO OR LITTLE BENEFIT	REFERENCES
Acetaminophen (5%)		X	57–59
Anticonvulsants			
Carbamazepine (6%)		X	69,108
Phenobarbital (38%)		X	2,65,66
Phenytoin (11%)		X	60–62
Valproic acid (7%)		X	67,68
Benzodiazepines		X	5
Biologic Agents			
Natalizumab (to facilitate immune reconstitution)	X		70,71,74
Rituximab (severe infusion reaction)	X		
Calcium Channel Blockers			
Diltiazem		X	109,110
Verapamil		X	96–98
Chemotherapeutic Agents			
Cisplatin	X		15,16,76–78
Vincristine	X		17,75
Colchicine		X	100
Cyclosporine (1%)		X	104
Dabigatran		X	105
Digoxin (0.5%)		X	79
L-thyroxine (33%)	X		18,83–85,88
Memantine		X	99
Prednisone (1%)		X	103
Propranolol (30%)		X	94,95
Quinine (1%)		X	101
Salicylates (10%)		X	89
Theophylline		X	92
Tobramycin (8.8%)		X	102
Tricyclic antidepressants		X	93

^aEstimated percentage of total body toxin removed by one plasmapheresis in parentheses (when available).

^bPossible benefit in selected cases.

EFFICACY OF PLASMAPHERESIS IN SPECIFIC DRUG OVERDOSE

The treatment of drug overdose with plasmapheresis has been reported for a number of substances (Table 100.2).

Acetaminophen

Plasmapheresis has been attempted in cases of severe acetaminophen intoxication with acute liver failure.^{57,58} Although clinical benefits have been reported in some patients, the total amount of acetaminophen removed during a typical plasmapheresis session is less than 5%,⁵⁹ and the efficacy of N-acetylcysteine (NAC) precludes the use of plasmapheresis in acetaminophen intoxication.

Anticonvulsants

Phenytoin often is considered an ideal drug for removal by plasmapheresis because of its protein binding (approximately 90%) and its small volume of distribution. During a typical plasmapheresis session, it is estimated that the total phenytoin clearance increases from 20.8 mL/min to 42.5 mL/min.⁶⁰ However, plasma concentrations of the drug are not significantly altered by plasmapheresis after redistribution because only a small percentage (less than 11%) of total body stores are removed during pheresis.^{60–62} A recent review and systematic review showed that in severe poisonings, hemodialysis is useful.^{63,64} Phenobarbital

intoxications respond favorably to urinary alkalinization, forced diuresis, and dialysis.^{2,65,66} Plasmapheresis makes only a minor contribution to valproic acid elimination.⁶⁷ The EXtracorporeal TReatments In Poisoning (EXTRIP) workgroup recommended intermittent hemodialysis as the preferred extracorporeal therapy in valproic acid poisoning after a systematic review of the literature.⁶⁸ Similar findings were reported by the workgroup for carbamazepine as well.⁶⁹

Benzodiazepines

Plasmapheresis may appear useful in benzodiazepines intoxication because of high protein binding (up to 95%). However, plasmapheresis has no significant role to play because the extravascular compartment cannot be cleared effectively by extracorporeal detoxification methods.⁵ In addition, an effective antidote is available, flumazenil.

Biologic Drugs

Over the last decade, biologic agents have been used increasingly to treat autoimmune conditions and cancer. Plasmapheresis has been used to treat side effects associated with drug exposure. Biologic agents include monoclonal antibodies with prolonged half-life. Natalizumab is a monoclonal antibody that has been associated with the occurrence of progressive multifocal leukoencephalopathy caused by the polyoma JC virus. Case reports have shown that plasmapheresis can reduce the levels of natalizumab⁷⁰ and facilitate immune reconstitution to eradicate the JC virus.^{71–73} Recently,

plasmapheresis was used successfully to treat a near-fatal infusion reaction to rituximab.⁷⁴

Chemotherapeutic Agents

Plasmapheresis has been attempted in cases of vincristine^{17,75} and cisplatin overdose.^{15,16,76–78} Treatment with plasmapheresis was associated with a significant reduction in the plasma concentrations of cisplatin, with concomitant improvement in clinical symptoms. However, rebound occurs, which has led some authors to recommend at least 10 plasmapheresis treatments over 10 to 14 days after cisplatin overdose to manage its toxicity. Data are more limited with vincristine. The use of plasmapheresis may be justified because of high protein binding and the absence of recognized therapy.

Digitalis

Plasmapheresis is not effective for digitalis because of extensive tissue binding and large volume of distribution.⁷⁹ In patients treated with digoxin-immune antigen-binding fragments (Fab), plasmapheresis has been reported to increase the clearance of the digoxin-antidigoxin complexes.⁸⁰ Because these complexes are excreted renally, plasmapheresis is useful for removing digoxin-Fab complexes, thus preventing rebound digoxin toxicity.^{81,82} Some authors therefore have suggested to initiate plasmapheresis within 3 hours after Fab administration in patients with digitalis intoxication and renal failure.⁸²

L-Thyroxine

Most but not all reports of plasmapheresis for the removal of thyroid hormones have been encouraging.^{18,83–85} Two reports mentioned that plasmapheresis removed approximately 10% of the ingested dose.^{86,87} A single exchange procedure may not decrease serum thyroxine levels significantly because of the rapid rebound of thyroid hormone from the tissues into the plasma.⁴ Plasmapheresis and charcoal hemoperfusion may be effective in decreasing the duration of thyroxine intoxication. Some authors have reported that plasmapheresis is more effective than hemoperfusion in the extraction in the drug.^{83,88}

Salicylates

The effects of plasmapheresis on the removal of salicylate have been studied in a group of volunteers who were administered 3900 mg/day.⁸⁹ The total amount of salicylate removed by plasmapheresis was very limited. In addition, because aspirin intoxications respond favorably to urinary alkalization, forced diuresis, and dialysis, there is no indication for plasmapheresis in salicylate intoxication.

Theophylline

The usual recommendations for the treatment of theophylline intoxication are that hemodialysis and hemoperfusion are the preferred detoxification methods given their high efficacy.⁵² The use of plasmapheresis has been reported in several instances.^{52,90,91} After a systematic review of the literature, the EXTRIP workgroup recommended intermittent

hemodialysis as the modality of choice in severe poisonings, and continuous renal replacement therapy or hemoperfusion if intermittent hemodialysis is unavailable.⁹²

Tricyclic Antidepressants

Successful use of plasmapheresis has been reported in cases with severe cardiac and central nervous system toxicity.⁵² In one case, a 64% reduction in amitriptyline plasma levels has been reported with plasmapheresis associated with significant improvement in clinical condition.⁵² However, although tricyclic antidepressants are highly bound to plasma proteins, plasmapheresis is relatively ineffective to remove significant amounts of tricyclics total body stores because of their large volume of distribution. Indeed, the EXTRIP workgroup considered that poisoned patients with tricyclic agents are not likely to benefit from any extracorporeal therapy and recommends not to use these in tricyclic poisoning.⁹³

Other Agents

The effects of plasmapheresis on propranolol elimination were reported in a nonoverdose situation.⁹⁴ The half-life of propranolol was reduced to one third of normal during plasmapheresis.⁹⁴ There are very limited data on the role of plasmapheresis in propranolol overdose⁹⁵ and its large volume of distribution (4 L/kg) do not support its use in poisonings. Plasmapheresis also has been reported in cases of verapamil and diltiazem intoxications with possible clinical benefits.^{96–98} However, their large volume of distribution (>3–4 L/kg) clearly limits the efficacy of plasmapheresis in this setting.^{99,100} More robust data are needed with these agents. The same comment applies to memantine and colchicine, which have very large volume of distribution (9–11 L/kg and 5–8 L/kg, respectively).^{99,100} Plasmapheresis has been compared to forced diuresis in cases of quinine intoxication.¹⁰¹ Forced diuresis removed 1625 mg of quinine over 75 hours, and plasmapheresis, 8.5 mg over 3 hours,¹⁰¹ reinforcing the absence of benefit of extracorporeal therapies with drugs with a large volume of distribution. Similarly low percentages of total body drug removal by plasmapheresis have been reported with tobramycin (8%),¹⁰² prednisone (1%),¹⁰³ and cyclosporine (1%).¹⁰⁴ Because of these minimal reductions, the use of plasmapheresis is not warranted for these agents given the cost and risks associated with the procedure. Finally, plasmapheresis has been reported for dabigatran removal; however, dialysis is a better option given its properties.¹⁰⁵

Complications

The prevailing belief that “plasmapheresis is a benign procedure” undoubtedly contributed to its use in poisoning and drug overdose despite the lack of evidence in favor of a clear benefit for many toxins/drugs. Although plasmapheresis is relatively safe when performed by skilled clinicians, complications related to either vascular access or the composition of replacement fluids are frequent. The reported overall incidence of adverse reactions ranges from 1.6% to 25%,¹⁰⁶ with severe reactions occurring in 0.025% to 0.3%.¹⁰⁷ Hematomas, pneumothorax, and catheter infections are the most frequent complications of vascular access. Complications related to the replacement fluids include anaphylactoid reactions to fresh frozen plasma, coagulopathies induced by

inadequate replacement of clotting factors, or transmission of viral infections. Other complications include hypocalcemia resulting from citrate infusion and hypotension triggered by delayed or inadequate volume replacement, hypo-oncotic fluid replacement, or anaphylaxis. Plasmapheresis also may predispose patients to an increased incidence of infection. However, this effect is observed primarily with repeated plasmapheresis treatments. Other complications are related to the removal of drugs prescribed therapeutically during plasmapheresis and the requirement of supplementary doses of these drugs after plasmapheresis. Finally, the incidence of death is reported to be 0.05%, but many of these deaths are due to preexisting conditions and not the plasmapheresis procedure.¹⁰⁷

SUMMARY

Although plasmapheresis has been applied for the treatment of various intoxications and drug overdoses, a clear evidence of benefit is lacking. Most reports evaluating treatment with plasmapheresis are case reports or case series in which most of patients were concomitantly treated with dialysis and/or specific antidotes. No randomized controlled trial has compared plasmapheresis with other treatment modalities. Thus, because of the uncontrolled nature of studies reported, it is impossible to determine whether the improvement in patient survival reported in many studies is attributable to plasmapheresis or to other factors, such as patient selection, earlier diagnosis, variability in presentation, progress in supportive measures, or other adjunctive in the treatment of poisonings and overdose. Close communication with a poison center or a clinical toxicologist always is recommended to help assess the benefits and risks of the technique for a given patient. The use of plasmapheresis may be limited to research protocols or to exceptional cases presenting with life-threatening complications unresponsive to conventional therapy. If plasmapheresis is attempted, the total amount of drug/toxin removed should be documented to assess the contribution of

plasmapheresis to total clearance and improve the quality of the supporting literature.

Key Points

1. Treatment recommendations for the use of plasmapheresis in acute poisoning and drug overdose are limited because of the lack of randomized controlled trials.
2. The ideal drug for removal by plasmapheresis is highly protein bound, has a small volume of distribution, and has a prolonged half-life.
3. The use of plasmapheresis should be limited to research protocols or to exceptional cases presenting with life-threatening complications unresponsive to conventional therapy, considering the toxin characteristics.
4. Close communication with a poison center or a clinical toxicologist always is recommended to help assess the benefits and risks for a given patient.
5. Dosing adjustment of all concomitant medications may be needed, depending on their removal.

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